

Note: Sections of the presentation are based on the curriculum of “Youth Mental Health First Aid” (Mental Health First Aid USA, 2013) and “More than Sad” (American Foundation for Suicide Prevention, 2009). Find information about the full training referenced in this presentation nearest your location on their websites:

- <https://www.mentalhealthfirstaid.org/population-focused-modules/youth/>
- <https://afsp.org/find-a-local-chapter/>

References

American Foundation for Suicide Prevention. (2009). Retrieved from <https://afsp.org/more-than-sad>

Mental Health First Aid USA. (2013). Retrieved from <https://www.mentalhealthfirstaid.org/cs/>